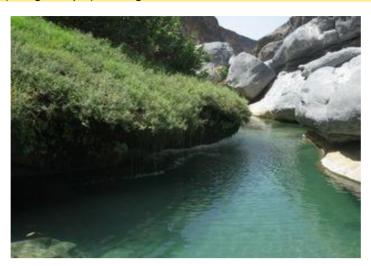
DISCOVER OMAN

A tour of accessible level for those who want to discover Oman's diverse landscapes and local life, off the touristic trail, but with some comfort (though simple) overnight.



	Level 2	Quite easy tours with easy hikes (no more than 4 hours walking and 300m height difference) These tours might include swimming but no aquatic hike nor canyoning. There is always the option, for the participants who wish it, not to do the walk ; when possible an alternative program can be offered to them ; otherwise, they will wait in a beautiful spot.
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Length	12 Day		
Doable in	JANUARY - FEBRUARY - MARCH - NOVEMBER - DECEMBER		
999	11 Nights in accomodations (hotel, guesthouse, lodge, etc)		
GUESTS	PRICES PER PERSON		
2	1400 OMR 3664 USD		
3	1100 OMR 2879 USD		
4	1050 OMR 2748 USD		

Transfer to a wadi (1 hour 30 - 120 Km)

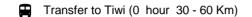
✓ Walk and swim in a wadi (4 hours)

We start with a refreshing swim in the vast pool down the village where we park. We then walk up the wadi around large boulders and across water pools until the canyons narrows to form very long pools. We swim there and go back the same way.

Warning : in some places, you might have to step in the water ; you shoes and pants might get wet...

- Level 2*

- Walking time : 2 to 3 hours



🟟 🟟 🐢 Hotel facing the sea

A nice small hotel very well located, just before the village of Tiwi, in front of the sea, and at the entrance of Wadi Tiwi. The hotel has a swimming pool and a garden.

Standard Room

Modern and comfortable room with private bathroom. breakfast at the accomodation













Hiking and swimming in the wadi (4 hours)

A wonderfull valley, with a river and water pools, a huge palm grove streching along it on terraces, villages, and scenic mountain slopes. We drive through the valley and hike through gardens and in the wadi bed to go for a swim.

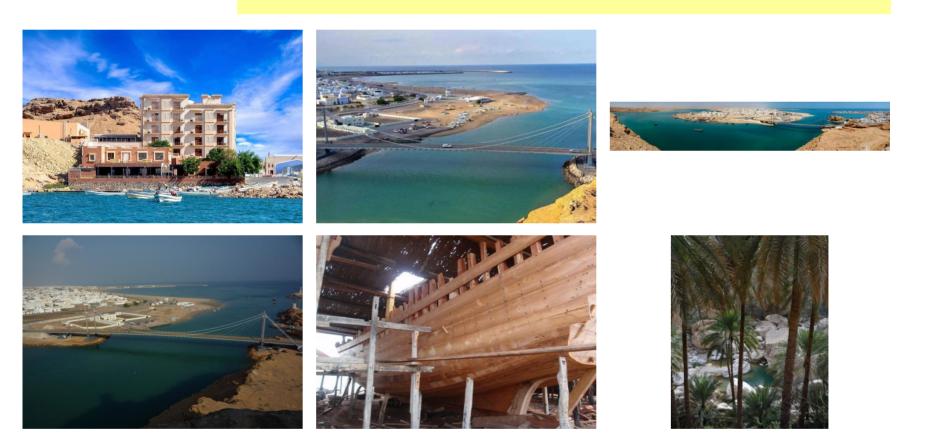
- Level 2* - Walking time : 2 to 3 hours - Height differrence : +100m/-100m
- Transfer to Sur (0 hour 45 80 Km)

✓ Visit of the city of Sur (2 hours)

Sur is a big city living quietly. It is built on the seashore and extends along a wonderful lagune. It was famous in the past for the naval construction. This traditional industry is declining but there is still one factory which produces wondeful traditional arabic dhows. We stop to visit it. We then walk up to a watch tower from which we have the best view over the city.

🖓 🖓 🖓 Hotel in Sur

A good hotel with modern and comfortable rooms, located just outside the city on the lagoon *Standard Room breakfast at the accomodation*



Transfer to a wadi (2 hours - 150 Km)

✓ Hike to waterfalls and swimming (3 hours)

The lower part of this valley forms a narrow and wild canyon. We start from a lovely village in the valley and cross its palm garden to access the entrance of the canyon. We hike in the canyon between big boulders (the way is not very easy but doesn't last long) until we arrive to a splendid pool with waterfall. We have rest here and enjoy a swim. For those who like jumping, a very nice 10 meters jump is possible there... According to the rains and floods which change the river course, it can happen that we need to swim or hike in the water to reach the waterfalls

- Level 2* - Walking time : 1 to 2 hours

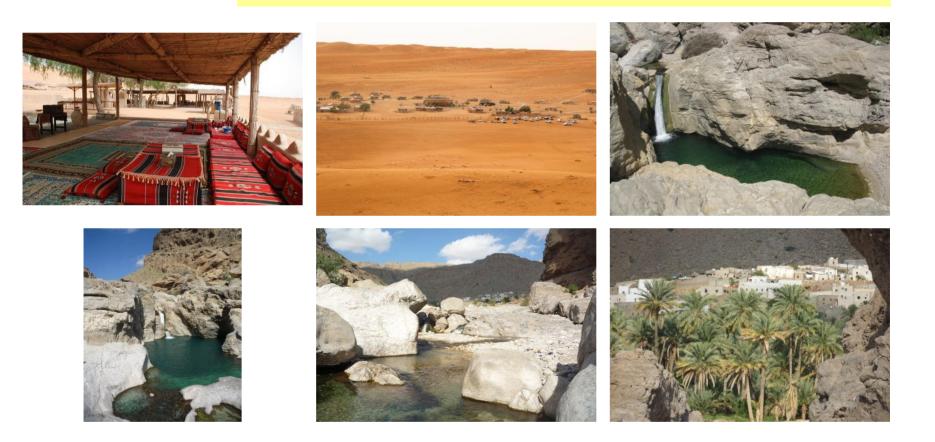
Transfer to our campsite in the desert (1 hour 30 - 80 Km)

A Camp in the desert

A very nice camp which lays in the middle of the sand dunes, in a quiet and wild area.

Arabic Tent with private bathroom

Arabic tent nicely equiped as an hotel room : bed, carpets, tabe, chairs. Private bathroom.. breakfast & dinner at the accomodation



DAY 4	Breakfast - Lunch - Dinner
	Transfer to the port to Masirah (5 hours - 250 Km)
	It's a wonderful crossing of the Wahiba sands.The track is often easy to follow but the wind brings sometimes sand that covers it. We head first to the south and then south-east. The northern part of this desert is made of almost paralell high dunes. The
	Transfer to Masirah Island's port (1 hour 30 - 25 Km)
	Ferry crossing to Masirah Island

🔊 🔊 🎝 Masirah Hotel

Standard Room breakfast at the accomodation



✓ Discover Masirah Island (7 hours)

We spend the whole day on the island to discover by car and by foot the coast and the interior of the island.

🔊 🔊 🎝 Masirah Hotel

Standard Room breakfast at the accomodation

Transfer to the port to Masirah (1 hour 30 - 25 Km) Ferry crossing back to the mainland

Transfer to a fishing village (2 hours - 140 Km)

✓ Stop in a beduin coastal village (1 hour)

This is a very picturesc fishing beduin village : feelings to be t the far end of the world where old 4WD cover with algaes and shells tow small boats coming back from fishing.

Transfer to the white desert, on the seaside (0 hour 20 - 20 Km)

At low tide, all the way can be done on the beach and we see thousands of birds.

✓ Short walk in the white sand dunes (2 hours)

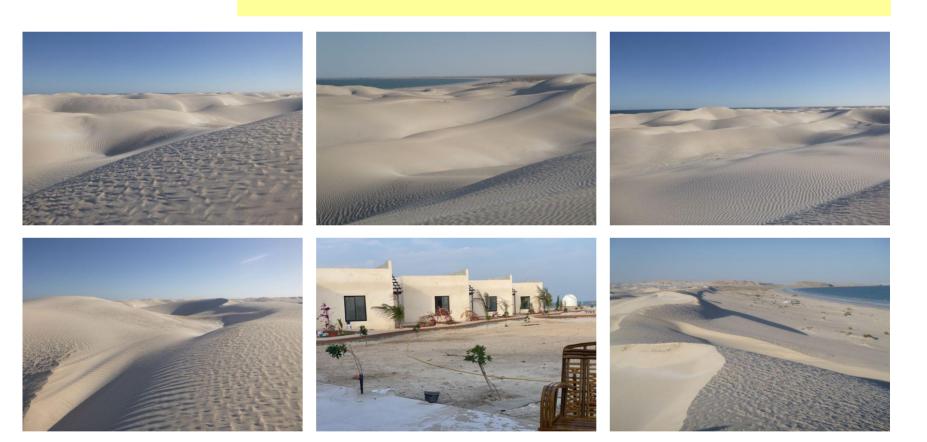
We have a walk in the white sand dunes. It's a very surprising and beautiful place. - Level 2*

A Beach hotel at the foot of the white sand dunes

we sleep in a brand new hotel located in an amazing place : on the beach, facing the indian ocean, and at the foot of the white sand dunes! The opening is planed for fall 2023 ; if it happened that the hotel is not open yet at the time of the tour, we would inform you and find another solution.

Standard Room

breakfast & dinner at the accomodation



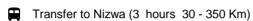


Transfer to the white desert, among rocks and sand (1 hour 30 - 75 Km)

✓ Walk across sand and rocks (3 hours)

We walk across rocky outcrops covered by sand in the surroundings of the White Desert. It is a wonderful place. The sand has different colours : sometimes cream, and sometimes red. And there is a small accacia forest which gives a touch of green to the landscape

Level 2*
Walking time : 2 to 3 hours

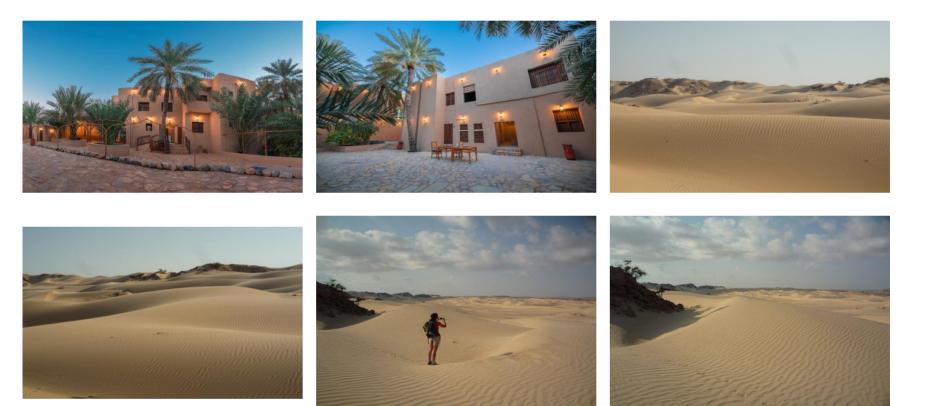


🔊 🔊 🧬 Beautifull hotel with simple comfort

A beautiful hotel located in an old quarter of Nizwa, just behind the souk. It's a complex of several old houses which have been renovated with a lot of taste.

Standard Room

breakfast at the accomodation



DAY 8 ✓ Souq of Nizwa (1 hour 30)

Nizwa is a major city of Oman located at the foot of the mointains in the interior. In the past it was the capital of the country and remains the cultural center of the country for mountain people. The Souq was rehabilitated some 15 years ago. Friday is the market day, called 'Souq Al Jumaa', and brings visitors from the nearby mountains as well as bedous from the desert side. The livestock souq is particularly worth a visit. But you find also the fish souq, vegetable souq, meat souq, as well as some people saling moutain honey, dates, incense, and anything you might need.

Transfer to Al Hamra (0 hour 45 - 40 Km)

✓ Visit of a lively museum of traditional know-hows (1 hour 30)

Bait As Safah is a traditional omani house located in the old city of Al Hamra. The women of the vllage welcome us in this house and show us how they make omani bread, omani coffee, carpets, and different creams and lotions made from mountain plants.

Transfer to a mountain oasis (0 hour 12 - 10 Km)

✓ Short walk in a mountain oasis (2 hours)

This is one of the most beautiful mountain village of Oman. It is located on the slope of a canyon. The gardens were built all around the old village on man-made terraces. Laying at an height of 800 meters, we find their a wide variety of tropical fruits : bananas, papayas, oranges, limes, dates, pomogranates, etc...

- Level 1*

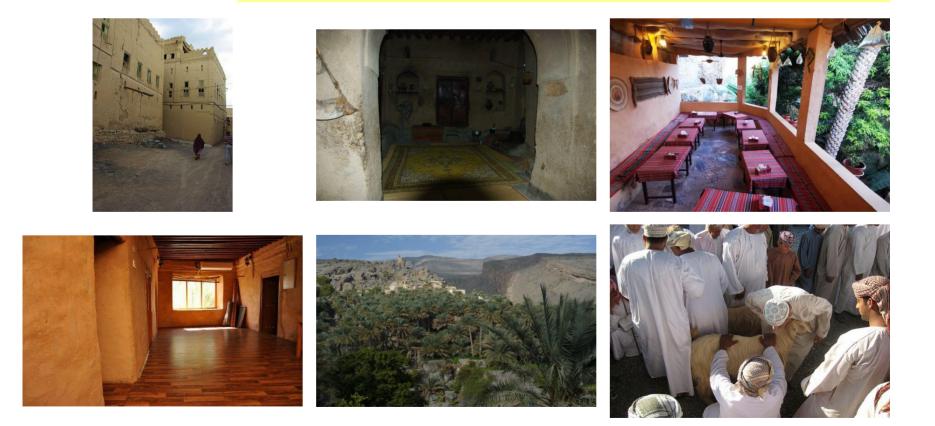
- Walking time : 1 to 2 hours
- Height differrence : +100m/-100m

🖓 🖓 🤣 Guesthouse in a palm grove

It's an old village in a splendid terraced palm grove. The old houses have been left from most of the inhabitants who built modern houses aside, and are now renovated mostly for touristic use. The guesthouse is located a few minutes walk away from the parking ; so, please plan a small bag with only the stuff you need for that night. Also, to respect the inhabitants of the village, it is forbidden to bring alcool in the village and to smoke inside the house ; we thank you in advance for respecting these rules!

Standard Room

breakfast & dinner at the accomodation



DAY 9 Transfer to an archeological site (1 hour 30 - 70 Km) Visit of the tombs of Al Ayn (0 hour 30) We stop to have a look at the tombs : these tumulus date from the 3rd Millenary B.C. They are located at the foot of the Jebel Misht, one of the most impressive mountain of Oman because of its 1000 meter high cliff. Transfer to a wadi flowing down from Jebel Shams (0 hour 30 - 25 Km) Short Walk and swimming in a wadi (2 hours) Located on the west flank of the Jebel Shams range and in front of the Jebel Misht, this valley has all year long flowing water. The first pools to swim in are reached after only 10 mintes walk. The further ones need half an hour walk. The water clear and swimming their is just wonderful! Level 1* Walking time : 1 to 2 hours Transfer to Jebel Shams plateau (2 hours - 70 Km)

n 🖓 🖈 🖓 Mountain hotel

A quiet hotel located in a remote area on Jebel shams Plateau. Wild surroundings and nice view. The hotel is made of individual bungalows and arabic tents offering a good comfort.

Chalet

Featuring an outside seating area with a fireplace, this air-conditioned and heated chalet has a private bathroom with a shower. It also has satellite TV, desk with a chair and a fridge.. breakfast & dinner at the accomodation



Transfer to a high settlement (0 hour 20 - 10 Km)

✓ Hike on top of Arabia's Grand Canyon (4 hours)

The path is very easy and offers all way long wonderful views on Arabia's Grand Canyon. On the way we can see the highest point of the country. Finally, we arrive to an old village built in the cliff. The village was abandonned in the 90's when the road was built. Some 5 to 10 families were living there, taking care of their gardens also built on the cliff and of their goats. We come back the same way. It is a very easy and rewarding walk!

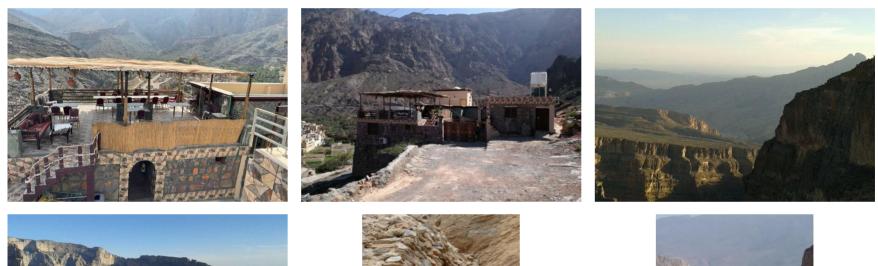
- Level 2*

- Walking time : 2 to 3 hours
- Height differrence : +250m/-250m
- Transfer to a mountain village (3 hours 130 Km)

We Cross the mountain through Sharaf Al Alamain Pass. That's th only pass whch allows to cross the Westrn Hajar by car. There is tarmac road on the southern slop, but on the northern side it's a steep track which offer spectacular views.

🔊 🔊 🔊 Mountain guesthouse

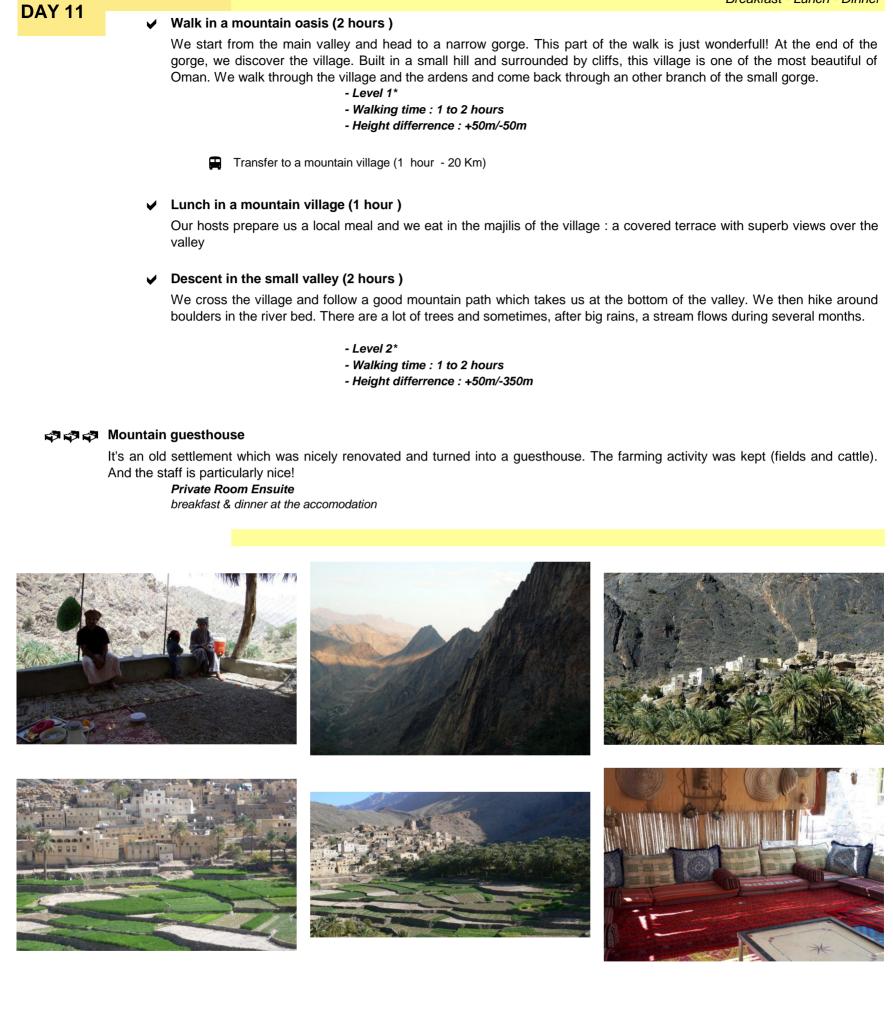
Simple but pleasant guesthouse in a wonderful spot *Standard Room breakfast & dinner at the accomodation*











Transfer to a foothill wadi (1 hour 30 - 35 Km)

✓ Small walk in a valley of the foothills (2 hours)

This is a nice very typical valley of the foothills. On our way, we'll see magnesic springs which colour some of the pools in white. This valley runs in the middle of unsual rocks, called ophiolite and which originate from the oceanic floor : a journey up this valley is like a trip to the depth of the earth. The water is here flowing all year long, and we find some small pools to refresh.

Level 1*
Walking time : 1 to 2 hours

Transfer to a mountain village (0 hour 40 - 50 Km)

✓ Visit of a mountain village (1 hour)

We have a round in the village, located at 1400m, at the far end of a valley in shape of an amphitheater. The village and its garden are built on the cliff. We walk across the old village and the terraces where grow garlic, onions, apricots, lime trees, etc... Apricots are the main crop and it's expecially beautiful in spring when they flower.

- Level 1*
- Walking time : 1 to 2 hours
- Height differrence : +50m/-50m
- Transfer to Muttrah (2 hours 20 170 Km)



	1	Difficulty level Hiking & Easy Walking
Level 1		No difficulty. Easy and short walks. Apporpriate for anyone walking occasionaly
Level 2		Easy hikes with elevation gain of less than 300 meters with no big terrain difficulty
Level 3		Hikes with an elevation gain from 300 to 800 meters. Appropriate for those who are used to walk in the mountain. The hikes mentioned Level 3 with a lesser elevation gain present terrain difficulties
Level 4		Hikes with an elevation gain from 800 to 1100 meters. For fit mountain hikers
Level 5		Long hikes with an elevation gain of more than 1000 meters and may require scrambling or easy climbing in some parts of the trail