JEBEL AKHDAR'S TREK 1/6

## **JEBEL AKHDAR'S TREK**

A beautiful 4-days trek to discover the highlands of Jebels Akhdar, but also the northern valleys of Wadi Mistal and Wadi Bani Kharus. Great views, charming guesthouses, and the visit of very diverse villages and oasis.



WARNING: This trip has several consecutive hiking days (days 2, 3) during which we do not have access to the cars (and thus to the main luggages) in the evening.

During those days, you'll have to carry your own personal belongings which you need at night,water, and part of the lunch.

We can store your main luggages during that time. There is no safety issue.

Overnight 2 we are in comfortable accomodations: bedsheets, blankets, and bath towels are provided.

Level 4	Tours which can include demanding hikes (up to 1200m elevation gain), aquatic hikes and
	canyoning.

Length	4 Day	
Doable in	JANUARY - FEBRUARY - MARCH - NOVEMBER - DECEMBER	
	<ul> <li>2 Nights in accomodations (hotel, guesthouse, lodge, etc)</li> <li>1 Nights wild camping (with tents, thick mattrass, mats, dishes, cooking dear), comfortable (but with no toilets) with the assistance of vehicules. Usualy tarticipants pitch their tent by themselves while we set up the collective camp</li> </ul>	
GUESTS	PRICES PER PERSON	
1 2 3 4	1100 OMR 2879 USD 600 OMR 1570 USD 450 OMR 1178 USD 430 OMR 1125 USD	

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DAY 1

- Lunch - Dinner

Transfer to a village in the Samail Gap (1 hour 15 - 120 Km)

## ✓ Hike up to Jebel Akhdar (8 hours)

A long but very beautiful hike which takes us from the Samail Gap to the high plateau of Jebel Akhdar. We first follow the wadi bed sometimes on the falaj, sometimes bouldering. We then have a long quite steep ascent on a good path with great views until we reach a high village. Scenery is great with impressive vertical cliffs.

- Level 4\*

- Walking time : 6 to 7 hours - Height differrence : +1300m/-0m

# ំ ំ ំ Camping high in the mountain

We set up our camp not far from a village, at an height of 1900m. Individual camping tent













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DAY 2

Breakfast - Lunch - Dinner

We do not meet the vehicules (with luggages) in the evening We leave the vehicules in the morning before starting the hike

#### ✓ Hike down from Jebel Akhdar (6 hours)

We start from a beautiful high village where walnuts and pomogranate are grown. We walk up to a narrow Pass which gives access to the valley on the northern side. From there we hike down with panoramic views over the valley looking like an amphitheater. We finally reach the village, and we cross the green terraces mainly planted with apricots and peaches.

- Level 3\*

- Walking time : 4 to 5 hours- Height differrence : +250m/-900m

## 🗗 🗗 🗗 Guesthouse in a mountain village

A nice Guesthouse, very well located at the entrance of the village, and with superb view over the valley \*\*Standard Room\*\*

breakfast & dinner at the accomodation













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DAY 3

#### Breakfast - Lunch - Dinner

## We find the vehicules (with luggages) at the end of the hike

## ✓ Hike up to Jebel Akhdar (7 hours)

A nice hike, not too much difficult, except in one steep place, offering us great views over the north flank of the Western Hajar. We start at a village located at 1400m above sea level, where apricots and peaches do particularly well, and reach an upper village located at 2200m, where main grown trees are pomogranates and wallnuts.

- Level 3\*

- Walking time : 5 to 6 hours- Height difference : +800m/-450m

## Mountain guesthouse

Overnight in a beautifully renovated guesthouse in an old troglodyte village. The village is built under a cliff. **Standard Room** 

breakfast & dinner at the accomodation













JEBEL AKHDAR'S TREK 5 / 6

DAY 4

Breakfast - Lunch -

## ✓ Hike down from Jebel Akhdar (7 hours)

A long but nice hike! The descent offers stunning views and the arrival in the last villages of the wadi is delightfull: flowing water and terraced gardens, which are some of the finest of Oman!

- Level 4\*

- Walking time : 5 to 6 hours

- Height differrence : +300m/-1500m

Transfer to Muttrah (3 hours - 230 Km)













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	<b>①</b>	Difficulty level Hiking & Easy Walking
Level 1		No difficulty. Easy and short walks. Apporpriate for anyone walking occasionaly
Level 2		Easy hikes with elevation gain of less than 300 meters with no big terrain difficulty
Level 3		Hikes with an elevation gain from 300 to 800 meters. Appropriate for those who are used to walk in the mountain. The hikes mentioned Level 3 with a lesser elevation gain present terrain difficulties
Level 4		Hikes with an elevation gain from 800 to 1100 meters. For fit mountain hikers
Level 5		Long hikes with an elevation gain of more than 1000 meters and may require scrambling or easy climbing in some parts of the trail