

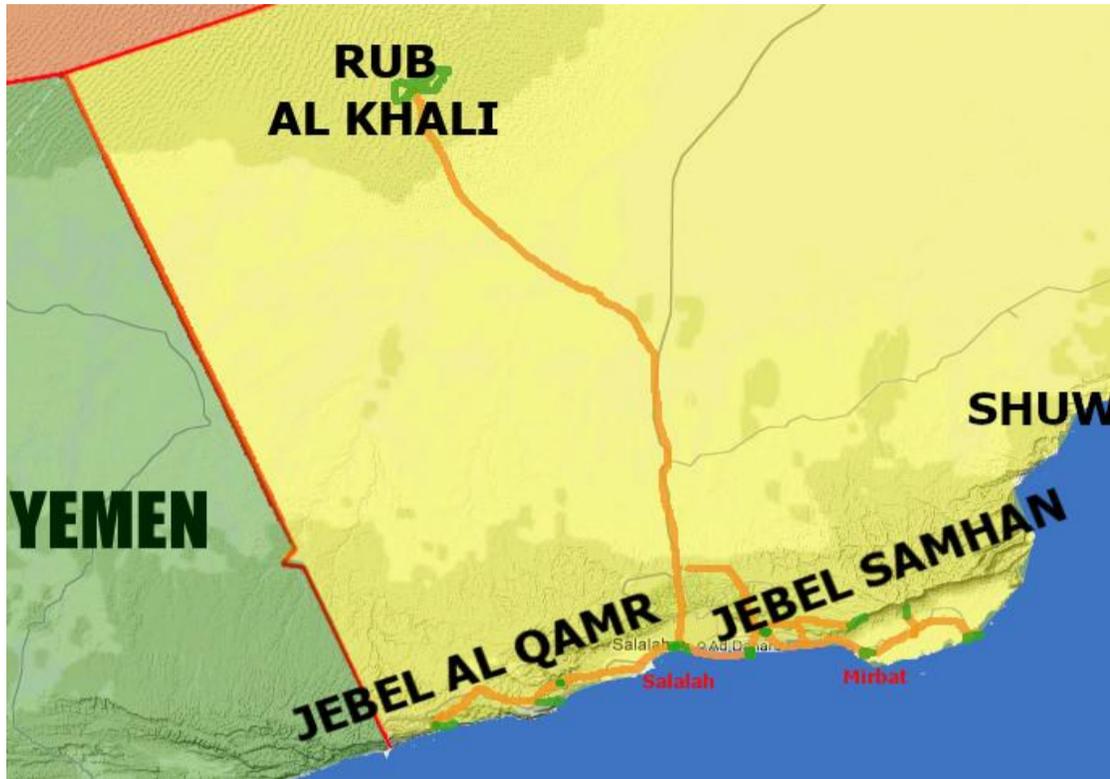
## DISCOVER DHOFAR

A nice tour to visit the region of Dhofar, which has a long history and enjoys a special climate since it receives the monsoon's rain. Several days in the desert of Rub al Khali and an exploration of the coast east and west of Salalah.



<b>Level 2</b>	Quite easy tours with easy hikes (no more than 4 hours walking and 300m height difference). These tours might include swimming but no aquatic hike nor canyoning. There is always the option, for the participants who wish it, not to do the walk ; when possible, an alternative program can be offered to them ; otherwise, they will wait in a beautiful spot.	
<b>Length</b>	12 Day	
<b>Doable in</b>	JANUARY - FEBRUARY - NOVEMBER - DECEMBER	
	5 Nights in accomodations (hotel, guesthouse, lodge, etc...)	
	6 Nights wild camping (with tents, thick matrass, mats, dishes, cooking dear), comfortable (but with no toilets) with the assistance of vehicules. Usualy tarticipants pitch their tent by themselves while we set up the collective camp	
<b>Start</b>	Salalah	
<b>Ends</b>	Salalah	
<b>GUESTS</b>	<b>PRICE PER PERSON</b>	
2	1500 OMR	3926 USD
3	1150 OMR	3010 USD
4	1000 OMR	2617 USD
5	980 OMR	2565 USD
6	880 OMR	2303 USD
7	840 OMR	2198 USD
8	790 OMR	2068 USD

**Itinerary** Salah - Rub Al Khali Desert - Jebel Samhan - Jebel Al Qamr



**Nota sobre la transportacion del equipaje** We have vehicules ; so luggages are always transported by car. You only have to carry day-pack while hiking.

**About Desert** We usually go for a hike of 3 to 5 hours in the morning. Heat and soft sand can make it a bit difficult. Late afternoon, we go for another walk around the camp from 1 to 2 hours. It is always possible for someone not to do the walk and stay at the camp or go for a shorter walk. On the other hand, the ones who want to walk more can go erlier in the afternoon and do a longer tour alone. In the desert, we'll have one single camp site for 4 nights. On the camp, we set up a big tent (pictures below) to have shade at noon and to protect us in case of sandwind.



**DAY 1***- Lunch - Dinner***Salalah**✓ **Salalah Food Souq (1 hour )**

Salalah food souq is worth a visit : it is very lively! We find there wonderful fishes, meat, vegetable, fruits, dates, and traditional medicines...

🚌 Transfer to our campsite in Rub al Khali (4 hours 15 - 310 Km)

✓ **Short walk in the sands to sea the sunset (1 hour )****Rub Al Khali Desert**

We go have a walk across the high dune of the Rub Al Khali (Empty quarter in arabic), the huge and arid desert of Saudi Arabia that crosses Oman's border. We'll walk up a dune to see sunset in this unbelievable landasce...

- **Level 2\***

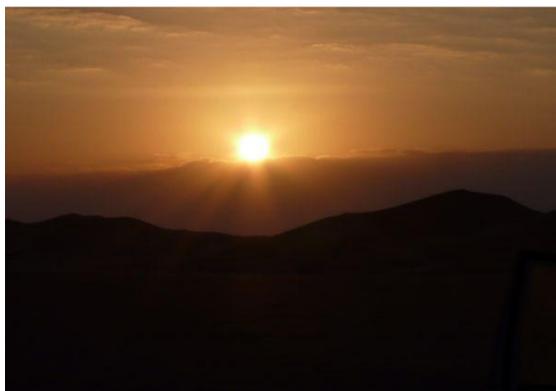
- **Walking time : 1 to 2 hours**

- **Height difference : +150m/-150m**

**Camping in the desert**

We set our camp at the foot of the huge dunes of the Rub Al Khali

*Individual camping tent*



## DAY 2-4

Breakfast - Lunch - Dinner

## ✓ Hiking in Rub al Khali (8 hours )

## ➤ Rub Al Khali Desert

Morning, we start walking from our camp. We climb several high dunes which surround us : the ascent is sometimes exhausting, but the descent is quick and fun and gives us sometimes the opportunity to have the dune sing. Around noon, we walk back to our our camp and have lunch and rest under a shady place. Late afternoon, we climb another huge dune to get to its summit and enjoy a wonderful sunset at the top.

- Level 2 & 3\*

- Walking time : 4 to 6 hours

- Height difference : +250m/-250m



## Camping in the desert

We set our camp at the foot of the huge dunes of the Rub Al Khali

*Individual camping tent*



**DAY 5***Breakfast - Lunch - Dinner*✓ **Morning walk in the dunes (2 hours )**☞ *Rub Al Khali Desert*

this morning, we climb one of the big dunes and enjoy a last view over this sea of sand...

- **Level 2 & 3\***
- **Walking time : 1 to 2 hours**
- **Height difference : +150m/-150m**

🚌 Transfer to Mirbat (4 hours 30 - 345 Km)

🏠🏠🏠 **Hotel Appartments**

A standard hotel in a great location, facing the sea and near to the port  
*Standard Appartment*



**DAY 6***Breakfast - Lunch - Dinner*

 Transfer to a wadi on the slopes of Jebel Samhan (1 hour - 50 Km)

✓ **Discover of a wadi at the foot of Jebvel Samhan (3 hours )**

 *Jebel Samhan*

A nice short walk at the foot of the cliffs of Jebel Samhan along a wadi which flows all year long (also during dry season), at an height of 500m. It's also the opportunity to discover the territory of the breeders of coows, goats, and camels.

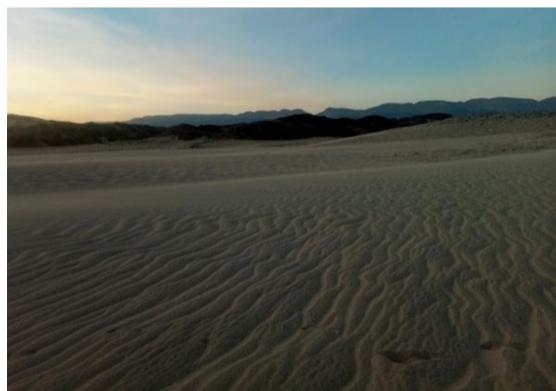
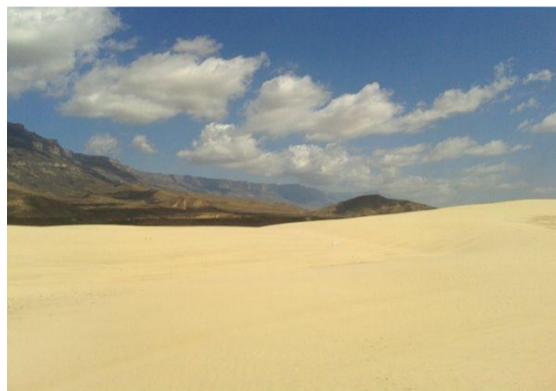
- **Level 2 & 3\***
- **Walking time : 1 to 2 hours**
- **Height difference : +200m/-200m**

 Transfer to Mirbat (3 hours - 120 Km)

 **Hotel Apartments**

A standard hotel in a great location, facing the sea and near to the port

*Standard Appartment*



**DAY 7***Breakfast - Lunch - Dinner*

 Transfer to the heights of Jebel Samhan (0 hour 45 - 60 Km)

✓ **Walk on a balcony trail along the cliffs overlooking the sea (2 hours )**

 *Jebel Samhan*

A nice and easy walk. We are around 1200m high and we walk on a rocky outcrop just under the cliff and enjoy superb views over the coast of the Indian Ocean. We come back the same way...

- **Level 2\***

- **Walking time : 1 to 2 hours**

 Transfer to Wadi Darbat (0 hour 30 - 30 Km)

✓ **Short hike in Wadi Darbat (3 hours )**

 *Jebel Samhan*

Wadi Darbat is one of the most famous wadis in Oman. During Khareef (between july and september, the monsoon time) it is a of the favourite place of omani tourists who come here to enjoy the greenry and nice river. We'll hike up the valley.

- **Level 1\***

- **Walking time : 1 to 2 hours**

 Transfer to the archeological site of Khor Ruri / Sumhuran (0 hour 15 - 15 Km)

✓ **Visit of Khor Rori and Sumhuran ruins (1 hour 30)**

 *Salalah*

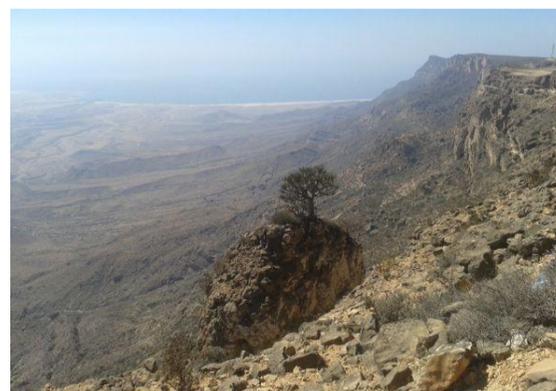
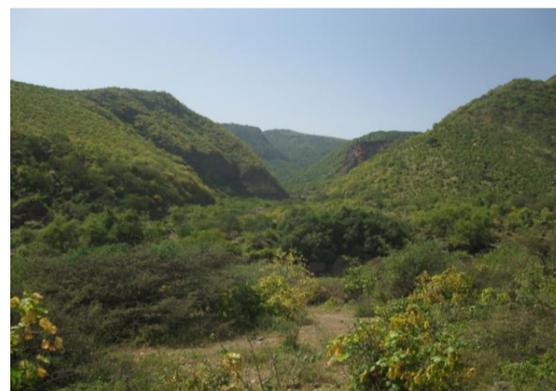
Khor Ruri Wadi Darbat's estuary. Seabirds are numerous there. Above the estuary are the ruins of Sumhuran, that was an important port during the Antiquity. It was located at the far east of the kingdom of Hadramaut, zone of production of frankincense, resin taken from a tree that was once more valued than gold.

 Transfer to Salalah (0 hour 30 - 45 Km)

 **Hotel at the beach**

We spend the night in this nice hotel. The hotel is located in Al Dhariz, facing the sea, and has a swimming pool.

*Standard Direct Sea-view room  
breakfast at the accomodation*



**DAY 8***Breakfast - Lunch - Dinner*☞ *Salalah*✓ **Salalah Food Souq (1 hour )**

Salalah food souq is worth a visit : it is very lively! We find there wonderful fishes, meat, vegetable, fruits, dates, and traditional medicines...

☞ *Salalah*✓ **Discover the fruits stalls of Salalah (1 hour )**

Salalah is a modern city but still having many agricultural fields in the middle of the city. On the streets there are numerous stalls selling the fruits produced here : coconuts, banana, papayas, sugar cane, etc...

☞ *Salalah*✓ **Visit of Job's Tomb (0 hour 30)**

We stop on the way to visit Job's tomb, located in the mountains north of Salalah.

☞ *Salalah*✓ **Visit of Al Baleed Archeological Site (1 hour )**

This archeological site lies in the city of salalah, facing the sea. This city was previously known as Dhofar (which is now the name of the region). The area was inhabited since since 4000 years BC, but the remainings date from the 10th century AD. Its position made it an important port in the region. Next to the site is a museum with a hall about history and another about boats.

☞ *Salalah*✓ **Visit of Souq Al Husn (2 hours )**

Al Husn Souq is Salalah popular market. It is above all famous for the sale of frankincense, perfumes, and omani shawls. It is for the moment under renovation and therefore limited in size.

🏠🏠🏠 **Hotel at the beach**

We spend the night in this nice hotel. The hotel is located in Al Dhariz, facing the sea, and has a swimming pool.

*Standard Direct Sea-view room  
breakfast at the accomodation*



**DAY 9***Breakfast - Lunch - Dinner*

 Transfer to wild beaches in Jebel Al Qamr (1 hour - 70 Km)

✓ **Short walk on the coast (3 hours )**

 *Jebel Al Qamr*

We have a short walk in a rocky blockfield facing the sea. Some rocks have very strange forms and some of them even have trees growing on them... The sea is beautiful. Here, we are below the clouds during the moonson, which make the best climate for frankincense trees (*Boswellia Sacra*) and Desert Roses (*adenium obesum*). Finally we reach a nice sandy beach.

- Level 1\*

- Walking time : 1 to 2 hours

✓ **Swimming on a white sandy beach (2 hours )**

 *Jebel Al Qamr*

We enjoy a swim in the indian ocean on one of the numerous beaches of the bay.



**Camping on the beach**

We camp on a splendid sandy white beach  
*Individual camping tent*



**DAY 10***Breakfast - Lunch - Dinner*🏠 *Jebel Al Qamr*✓ **Short hike along the coast (3 hours )**

We start walking where the track ends and head to a wonderful beach. On a good path we follow the coast until a small valley where frankincense trees grow next to the sea. We come back the same way and enjoy a swim before getting to the cars.

- Level 2\*
- Walking time : 1 to 2 hours

🚌 Transfer to the viewpoint (1 hour - 40 Km)

🏠 *Jebel Al Qamr*✓ **View Point (0 hour 15)**

We stop at a view point : we are 1000m high and down the cliffs is the sea. During moonson time the clouds hit the cliffs which get lush green.

🚌 Transfer to the heights of Jebel Al Qamr (0 hour 20 - 20 Km)

🏠 *Jebel Al Qamr*✓ **Short walk on the top (2 hours )**

We walk on a nice trail used mainly by cows and camels going grazing. We are around 1000m high and overlook the sea. The landscape is bucolic with grazing lands, high trees, and numerous birds...

- Level 1\*
- Walking time : 1 to 2 hours

**Camping in the high grazing lands**

We camp about 1000m high in the middle of the grazinglands and with views over the sea

*Individual camping tent*



**DAY 11***Breakfast - Lunch - Dinner*
 Transfer to Dhalkut (1 hour - 60 Km)

✓ **Discover the westernmost coast of Oman (3 hours )**

🏞️ *Jebel Al Qamr*

On our way to Dhalkut, last big village before the Yemeni border, we use tracks to go down from the mountain and reach a beautiful coast and small villages like Rakhyut and Al Hautah. Here, the mountain slopes are the more wooded in Oman. It's a little visited region but of big interest.

- **Level 2\***

- **Walking time : 1 to 2 hours**

- **Height difference : +100m/-100m**

 **Simple hotel**

*Standard Room*



**DAY 12***Breakfast - Lunch -*✓ **Boat trip to a wild estuary (3 hours )**➤ *Jebel Al Qamr*

We leave from the port on a fisherman's boat. The coast seen from the boat is very nice and wild : wooded mountain slopes, cliffs, and several tiny coves... We land on a long beach and walk in the estuary to discover fresh water pools, giant trees, wild palm trees, many birds, sometimes also camels and cows grazing, archeological ruins, and even stone paintings! We enjoy this idyllic place and come back by boat

🚌 Transfer to Salalah (3 hours - 170 Km)



**① Difficulty level Hiking & Easy Walking**

<b>Level 1</b>	No difficulty. Easy and short walks. Appropriate for anyone walking occasionally
<b>Level 2</b>	Easy hikes with elevation gain of less than 300 meters with no big terrain difficulty
<b>Level 3</b>	Hikes with an elevation gain from 300 to 800 meters. Appropriate for those who are used to walk in the mountain. The hikes mentioned Level 3 with a lesser elevation gain present terrain difficulties
<b>Level 4</b>	Hikes with an elevation gain from 800 to 1100 meters. For fit mountain hikers
<b>Level 5</b>	Long hikes with an elevation gain of more than 1000 meters and may require scrambling or easy climbing in some parts of the trail