

TREKKING IN DHOFAR'S MOUNTAINS

TRIP AVAILABLE IN	JANUARY - FEBRUARY - MARCH - NOVEMBER - DECEMBER
TRIP DURATION	6 Day
STARTING PLACE	Salalah
FINISHING PLACE	Salalah
DIFFICULTY LEVEL	Level 3 <i>Tours mixing day hikes (from 500 to 800 elevation gain) with easier walks and cultural visits. These tours might include occasionally a hike with a slightly greater height difference, or an easy aquatic hike.</i>
PRICE PER PERSON	
<i>Number of Guests</i>	1 2 3 4 5 6 7 8 9 10 11 12
<i>Price per person in OMR</i>	1600 835 610 600 570 490 450 440 430 420 410 400
<i>Price per person in USD</i>	4188 2186 1597 1571 1492 1283 1178 1152 1126 1099 1073 1047
STAFF FOR THE TRIP	<p>from 1 to 3 Guests 1 Tourleader with the knowledge for guiding the activities of the trip from Day 1 to 6 1 Driver from Day 1 to 4</p> <p>from 4 to 4 Guests 1 Tourleader with the knowledge for guiding the activities of the trip from Day 1 to 6 2 Driver from Day 1 to 3</p> <p>from 5 to 7 Guests 1 Tourleader with the knowledge for guiding the activities of the trip from Day 1 to 6 1 Driver from Day 1 to 6 1 Driver from Day 1 to 4</p> <p>from 8 to 8 Guests 1 Tourleader with the knowledge for guiding the activities of the trip from Day 1 to 6 1 Driver from Day 1 to 6 1 Driver from Day 1 to 3</p> <p>from 9 to 12 Guests 1 Tourleader with the knowledge for guiding the activities of the trip from Day 1 to 6 2 Driver from Day 1 to 6</p> <p>Cooking during bivouacs is performed by the whole team</p>
TRANSPORTATION <i>For transfers mentioned in the program</i>	<p>from 1 to 3 Guests 1 4WD Car from Day 1 to 6</p> <p>from 4 to 4 Guests 1 4WD Car from Day 1 to 3 1 4WD Car from Day 1 to 6</p> <p>from 5 to 7 Guests 2 4WD Car from Day 1 to 6</p> <p>from 8 to 8 Guests 1 4WD Car from Day 1 to 3 2 4WD Car from Day 1 to 6</p> <p>from 9 to 12 Guests 3 4WD Car from Day 1 to 6</p>
PRICES INCLUDE	<p>Transportations mentioned above Petrol Staff mentioned above All excursions and entrance fees mentioned in the program Breakfast on days..... 2, 3, 4, 5, 6, 7 Lunch on days..... 1, 2, 3, 4, 5, 6 Dinner on days..... 1, 2, 3, 4, 5, 6 All overstays mentioned in the program on a double occupancy base, unless differently written in the trip program Single extra : 47 OMR (122 USD) Concerns following nights 4, 5, 6 Triple Room Discount : -57 OMR (-149 USD) Concerns following nights 4, 5, 6 Camping Equipment (dome tents for 2 people, comfortable mattress, matt, crockery, cooking equipment)</p>
PRICES DON'T INCLUDE	<p>Personal Expenses Drinks between meals Water Transportation to starting place and from finishing place of the trip Eventual additional nights before or after the trip Tips for local team</p>
WHAT YOU HAVE TO BRING	<p>Personal first aid Sun protection and insect repellent Sleeping Bag Headlight Toilet paper Light clothes Warmer clothes (jacket and trousers) Hiking boots and socks Walking sticks (optional : it can help you on some itineraries) Hiking bag (30-40L) Swimming suit (and maybe shoes to go to the water if you don't like walking on rocks)</p>
ADVICE FOR TREKKERS	<p>Oman is a mountainous arid country. All the paths are rocky and some are steep. Unless you are a experimented mountainer, or you are specially at ease in rocky terrains, it would be a good idea in Oman that you choose a level of difficulty a little under what you usually manage to do. You will still be able to see wonderful places and to perform very nice trekkings, but this will just prevent you from suffering and thus not enjoying your trip.</p>
ADVICE ABOUT THE GOOD WAY OF CLOTHING	<p>Oman is a muslim country in which islam is strong but very open-minded and tolerant. You'll never see an Omani pointing out the way of clothing or behaving of a tourist. But all of them will appreciate to see that you try to adapt. FOR WOMEN : bring trousers or short trousers and t-shirts covering shoulders, as well as a t-shirt (and maybe a short) for swimming. Obviously, when we are alone in remote areas you can dress as you like. FOR MEN : bring trousers or long shorts. FOR ALL : bring a pareo or big towel to change your clothes, since nudity is not admitted... tatoos should also be covered.</p>
WEBSITE	www.omantrekkingguides.com