

GREAT DISCOVER OF OMAN

TRIP AVAILABLE IN	JANUARY - FEBRUARY - MARCH - NOVEMBER - DECEMBER
TRIP DURATION	14 Day
STARING PLACE	Muttrah
FINISHING PLACE	Muttrah
DIFFICULTY LEVEL	Level 2 <i>Quite easy tours mixing easy hikes (no more than 4 hours walking and 300m height difference) and discovery of the country. These tours might include occasionally a hike with a slightly greater height difference.</i>
PRICE PER PERSON	
<i>Number of Guests</i>	1 2 3 4 5 6 7 8 9 10 11 12
<i>Price per person in OMR</i>	2300 1255 970 800 970 845 780 740 820 770 740 710
<i>Price per person in USD</i>	6021 3285 2539 2094 2539 2212 2042 1937 2147 2016 1937 1859
STAFF FOR THE TRIP	<p>from 1 to 4 Guests 1 Tourleader with the knowledge for guiding the activities of the trip from Day 1 to 14</p> <p>from 5 to 8 Guests 1 Tourleader with the knowledge for guiding the activities of the trip from Day 1 to 14 1 Driver from Day 1 to 14</p> <p>from 9 to 12 Guests 1 Tourleader with the knowledge for guiding the activities of the trip from Day 1 to 14 2 Driver from Day 1 to 14</p> <p>Cooking during bivouacs is performed by the whole team</p>
TRANSPORTATION <i>For transfers mentioned in the program</i>	<p>from 1 to 4 Guests 1 4WD Car from Day 1 to 14</p> <p>from 5 to 8 Guests 2 4WD Car from Day 1 to 14</p> <p>from 9 to 12 Guests 3 4WD Car from Day 1 to 14</p>
PRICES INCLUDE	<p>Transportations mentioned above</p> <p>Petrol</p> <p>Staff mentioned above</p> <p>All excursions and entrance fees mentioned in the program</p> <p>Breakfast on days..... 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15</p> <p>Lunch on days..... 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14</p> <p>Dinner on days..... 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13</p> <p>Water</p> <p>All overstays mentioned in the program on a double occupancy base, unless differently written in the trip program</p> <p>Single extra : 100 OMR (262 USD) Concerns following nights 2, 3, 9, 12, 13, 14</p> <p>Triple Room Discount : -83 OMR (-217 USD) Concerns following nights 2, 3, 9, 12, 13, 14</p> <p>Camping Equipment (dome tents for 2 people, comfortable mattress, matt, crockery, cooking equipment)</p>
PRICES DON'T INCLUDE	<p>Personal Expenses</p> <p>Drinks between meals</p> <p>Dinner on days..... 14</p> <p>Transportation to starting place and from finishing place of the trip</p> <p>Eventual additional nights before or after the trip</p> <p>Tips for local team</p>
WHAT YOU HAVE TO BRING	<p>Personal first aid</p> <p>Sun protection and insect repellent</p> <p>Sleeping Bag</p> <p>Headlight</p> <p>Toilet paper</p> <p>Light clothes</p> <p>Warmer clothes (jacket and trousers)</p> <p>Hiking boots and socks</p> <p>Walking sticks (optional : it can help you on some itineraries)</p> <p>Hiking bag (30-40L)</p> <p>Swimming suit (and maybe shoes to go to the water if you don't like walking on rocks)</p> <p>Snorkel equipment (snorkel, mask, and fins)</p> <p style="text-align: center;"><i>We can provide you snorkel and masks, but no fins</i></p>
ADVICE FOR TREKKERS	Oman is a mountainous arid country. All the paths are rocky and some are steep. Unless you are a experimented mountainer, or you are specially at ease in rocky terrains, it would be a good idea in Oman that you choose a level of difficulty a little under what you usually manage to do. You will still be able to see wonderful places and to perform very nice trekkings, but this will just prevent you from suffering and thus not enjoying your trip.
ADVICE ABOUT THE GOOD WAY OF CLOTHING	Oman is a muslim country in which islam is strong but very open-minded and tolerant. You'll never see an Omani pointing out the way of clothing or behaving of a tourist. But all of them will appreciate to see that you try to adapt. FOR WOMEN : bring trousers or short trousers and t-shirts covering shoulders, as well as a t-shirt (and maybe a short) for swimming. Obviously, when we are alone in remote areas you can dress as you like. FOR MEN : bring trousers or long shorts. FOR ALL : bring a pareo or big towell to change your clothes, since nudity is not admitted...
WEBSITE	www.omantrekkingguides.com