

TREKKING IN DHOFAR'S MOUNTAINS

Known in Antiquity as Arabia Felix, Happy Arabia, or Green Arabia, in reference to the mountains covered with wood and pastures where cows and camels graze together, the coast of Dhofar offers an original environment for a trek in Arabia...

DAY 1 *(- Lunch - Dinner)*

 **Transfer Salalah - Mughsayl (0 hour 45 - 60 Km)**

✓ **Hike West of Salalah (4 hours)**

We walk down to a wild creek. We walk then up the valley where we find huge frankincense trees (Boswellia sacra). We start heading to a pass. The higher we get the bigger get the trees. Near the pass we find some dragon trees. Finally we discover a wonderful bay with numerous white sandy beaches.

- **Level 3***

- **Walking time : 3 to 4 hours**

- **Height difference : +400m/-250m**

✓ **Swimming on a white sandy beach (2 hours)**

We enjoy a swim in the indian ocean on one of the numerous beaches of the bay.

 **Bivouac on the beach**

We camp on a splendid sandy white beach
Individual camping tent

DAY 2 *(Breakfast - Lunch - Dinner)*

✓ **Coastal hike to the place named the head of the camel (5 hours)**

A wonderful hike along the sea. We first cross a nice sandy beach where we stop for a swim. Then we walk along the sea on a good path and cross several valleys : some of them have frankincense trees growing in them, others have small springs. The views are superb, and if you watch the sea you might see dolphins or turtles...

- **Level 3***

- **Walking time : 3 to 4 hours**

- **Height difference : +400m/-400m**

 **Transfer Fizayah - View Point (1 hour - 40 Km)**

✓ **View Point (0 hour 15)**

We stop at a view point : we are 1000m high and down the cliffs is the sea. During moonson time the clouds hit the cliffs which get lush green.

 **Transfer View Point - Above Al Hautah Bowl (0 hour 20 - 20 Km)**

 **Bivouac in the high grazing lands**

We camp about 1000m high in the middle of the grazinglands and with views over the sea
Individual camping tent

DAY 3 *(Breakfast - Lunch - Dinner)*

✓ **Hike down the corrie of Al Hautah (6 hours)**

We start from 1000m high. The trees are big and the birds plenty. We go down step by step through the woods with some nice views over the sea. When we arrive, the landscape is idyllic : giant desert roses, tamarinds, palmtrees, and many birds...

- **Level 4***

- **Walking time : 4 to 5 hours**

- **Height difference : +0m/-900m**

 **Camping in the wadi near the sea**

We set our camp in the wadi under the tamarinds just a few meters from the sea.

Individual camping tent

DAY 4

(Breakfast - Lunch - Dinner)

 **Transfer Al Hautah - Dhalkut (1 hour - 80 Km)**

✓ **Hike to a wild estuary (6 hours)**

We start from a hamlet of sheperds and walk across grazing lands. The path offers nice views over the sea. We then walk down to the estuary through the forest. The place is incredibly wild and beautiful : here are staying together cows and camels, the sea and the fresh water, palm trees, and a rich wildlife... There is also a cave which has ancient stone paintings. We walk back through the wadi and the woods to the car. On the way it is frequent to see hyrax.

- **Level 3***

- **Walking time : 4 to 5 hours**

- **Height difference : +400m/-400m**

 **Transfer Dhalkut - Salalah (3 hours - 170 Km)**

 **Salalah Beach Villas**

We spend the night in this nice hotel. The hotel is located in Al Dhariz, facing the sea, and has a swimming pool

Sea View Room

Comfortable room with A/C, fridge, and private bathroom. breakfast at the hotel

DAY 5

(Breakfast - Lunch - Dinner)

 **Transfer Salalah - Khor Ruri (0 hour 30 - 45 Km)**

✓ **Visit of Khor Rori and Sumhuram ruins (1 hour 30)**

Khor Ruri Wadi Darbat's estuary. Seabirds are numerous there. Above the estuary are the ruins of Sumhuram, that was an important port during the Antiquity. It was located at the far east of the kingdom of Hadramaut, zone of production of frankincense, resin taken from a tree that was once more valued than gold.

 **Transfer Khor Ruri - Wadi Darbat (0 hour 15 - 20 Km)**


✓ **Hike around Wadi Darbat (6 hours)**

We discover this famous wadi, which is one of the most visited by local tourists during the moonson, off the beaten track. We walk up the wadi and skirt a rocky projection where flows a waterfall during rainy season. We walk back on the other side of the wadi through the woods.

- **Level 3***

- **Walking time : 4 to 5 hours**

- **Height difference : +500m/-500m**

 **Transfer Wadi Darbat - Salalah (0 hour 30 - 50 Km)**

 **Salalah Beach Villas**

We spend the night in this nice hotel. The hotel is located in Al Dhariz, facing the sea, and has a swimming pool

Sea View Room

Comfortable room with A/C, fridge, and private bathroom. breakfast at the hotel

DAY 6

(Breakfast - Lunch - Dinner)

✓ **salalah Food Souq (1 hour)**

Salalah food souq is worth a visit : it is very lively! We find there wonderful fishes, meat, vegetable, fruits, dates, and traditional medicines...

- **Level 1***

✓ **Discover the fruits stalls of Salalah (1 hour)**

Salalah is a modern city but still having many agricultural fields in the middle of the city. On the streets there are numerous stalls selling the fruits produced here : coconuts, banana, papayas, sugar cane, etc...

✓ **Visit of Job's Tomb (0 hour 30)**

We stop on the way to visit Job's tomb, located in the mountains north of Salalah.

✓ **Visit of Al Baleed Archeological Site (1 hour)**

This archeological site lies in the city of salalah, facing the sea. This city was previously known as Dhofar (which is now the name of the region). The area was inhabited since since 4000 years BC, but the remainings date from the 10th century AD. Its position made it an important port in the region. Next to the site is a museum with a hall about history and another about boats.

✓ **Visit of Souq Al Husn (2 hours)**

Al Husn Souq is Salalah popular market. It is above all famous for the sale of frankincense, perfumes, and omani shawls. It is for the moment under renovation und therefore limited in size.

 **Salalah Beach Villas**

We spend the night in this nice hotel. The hotel is located in Al Dhariz, facing the sea, and has a swimming pool

Sea View Room

Comfortable room with A/C, fridge, and private bathroom. breakfast at the hotel

 **Difficulty level Trekking & Easy Walking**

Level 1 No difficulty. Easy and short walks. Appropriate for anyone walking occasionally

Level 2 Easy hikes with elevation gain of less than 300 meters with no big terrain difficulty

Level 3 Hikes with an elevation gain from 300 to 800 meters. Appropriate for those who are used to walk in the mountain. The hikes mentioned Level 3 with a lesser elevation gain present terrain difficulties

Level 4 Hikes with an elevation gain from 800 to 1100 meters. For fit mountain hikers

Level 5 Long hikes with an elevation gain of more than 1000 meters and may require scrambling or easy climbing in some parts of the trail